




DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY CENTER FOR INITIAL MILITARY TRAINING
210 DILLON CIRCLE
FORT EUSTIS, VIRGINIA 23604-1272

ATMT

MEMORANDUM FOR All Holistic Health and Fitness (H2F) Symposium Attendees

SUBJECT: 2026 H2F Symposium Dress Code for Military Personnel

1. This memorandum establishes the mandatory dress code for the 2026 Holistic Health and Fitness (H2F) Symposium at the Hampton Roads Convention Center (HRCC), 12-14 May, based on Army and local orders.
2. Current orders prohibit Soldiers from wearing uniforms outside of federal installations. Therefore, standard attire for all military personnel at the symposium is Business Casual. Excepted personnel are listed in paragraph 3.
3. Authorizing select personnel to wear the Army Combat Uniform (ACU) ensures attendees can rapidly identify event staff, presenters, and awardees at this inherently Army activity. The personnel categorized below are authorized to wear the ACU on-site at the HRCC:
 - a. Keynote and guest speakers
 - b. Soldiers in the H2F Directorate at Fort Eustis, VA (FEVA)
 - c. Soldiers presenting during their breakout session
 - d. Awardees when receiving their award
4. All service members authorized to wear the ACU must change into and out of their uniforms inside the HRCC venue. At no time will the uniform be worn outside of the HRCC.
5. The point of contact for this memorandum is Mr. Gregory A. Henning at gregory.a.henning.civ@army.mil.


JENNIFER S. WALKAWICZ
Brigadier General, U.S. Army
Deputy Commanding